

Box-12 units

- **Current Gym Layout**
- We currently have **three Box12 units located on the gym floor.**
- Following a review, we have concluded that the Box12 units are **occupying a significant amount of space that could be better utilised** to improve the overall gym layout and member experience.
- The following slides outline **potential options for how this space could be better utilised.**
- A recent survey from our members has shown us **92% of our members do not use the Box12 Units.**



Box-12 units proposal



Proposed Squat Rack Relocation

We currently have a **squat/power rack positioned on the gym floor without protective matting.**

By removing **two of the Box12 pods**, we would create sufficient space to safely relocate the squat rack **next to the existing deadlift platform.**

This would provide several benefits:

- **Improved accessibility:** Weight plates would be much more accessible to members.
- **Better organisation:** Easier access to re-rack plates would help members keep the gym tidy.
- **Improved safety:** Positioning the rack on protective matting would provide a more stable and secure setup.
- **Floor protection:** Matting would help prevent damage to the gym floor and reduce wear from the equipment and weights.
- **Wall protection:** The new positioning would help prevent the rack from moving and causing damage to the wall behind it.
- **Improved use of space:** The area currently occupied by rack / Box12 pods could be used for equipment that benefits a greater proportion of members.

Box-12 units Option 1

Under this option, **one Box12 unit would remain on the gym floor**, while the other **two Box12 frames would be removed and stored**.

The remaining unit could be **upgraded to provide greater functionality and value to members**.

Potential upgrades could include:

- **Two screens** to support multiple users or small-group sessions.
- **Two punch bags** to increase training capacity.
- **Additional dumbbells** or other functional training equipment.
- Reconfiguring the unit to allow **small-group training and more varied exercises**.
- This would allow the remaining Box12 unit to offer **greater versatility and increased usage**, while freeing up a significant amount of gym floor space.

Alternative Use of Equipment

- Rather than upgrading all of the equipment immediately, the removed equipment could also be **stored as replacement stock**.
- This would provide a useful supply of spare equipment that could be used when existing equipment becomes **damaged, worn or requires replacement**, helping to minimise downtime and replacement costs.

Box-12 units Option 2

Under this option, **one Box12 unit would remain on the gym floor**, while **one Box12 unit would be sold**.

The remaining unit could then be used in one of two ways:

Option 2A – Enhance the Remaining Unit

Upgrade the existing Box12 unit to increase its functionality and member usage, including:

- **Add a second screen**
- **Add an additional punch bag**
- Create greater capacity for **small-group training**
- Provide members with a more versatile training station

Option 2B – Retain Equipment as Spares

- Alternatively, the equipment from the unit could be **stored as spare parts and replacement equipment** for the remaining Box12 unit.
- This would provide a readily available supply of equipment for **repairs and replacements**, helping to reduce future maintenance costs and minimise downtime.

Key Benefit

- This option provides an opportunity to **generate income from the sale of one Box12 unit**, while still retaining the benefits and functionality of having one unit available in the gym.



Box-12 units Option 3

Under this option, **one Box12 unit would remain on the gym floor**, while the other **two units would be sold**. This would:

- **Free up a significant amount of gym floor space**
- **Generate additional income from the sale of two units**
- **Retain one Box-12 unit to continue providing functional training options**
- **Allow the newly available space to be used for additional equipment or an improved gym layout**
- **Create a more open, accessible and practical training environment**
- **The remaining Box-12 unit could also be enhanced with additional equipment, if required, to maximise its functionality and usage.**